

Draw The Other Side

Directions: Draw the other half of the bread.



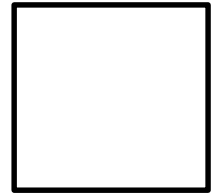
What I ate today:

My Lunch Grade:



Grain Patterns

Directions: Draw the next figure in the pattern.



Parent Corner

When shopping for grains for your family, purchase foods made from whole grains. There are many whole grain options available for the same price as refined options, like whole wheat bread, whole grain crackers, whole grain cereals, and whole wheat tortillas.

